

KARNATAKA STATE SENIOR ATHLETICS MEET, 2026

BANGALURU, KARNATAKA, 4th AND 5th JUNE

ORGANISED BY KARNATAKA ATHLETICS ASSOCIATION

COMPETITION SCHEDULE, TENTATIVE AS ON 20TH MAY 2026

Event No.	Scheduled Time	Event	Specification	Category	Round
Forenoon Session					
101	0630hrs	20000M Race Walk		Men	Final 1
102	0630hrs	20000M Race Walk		Women	Final 2
103	0700hrs	10000M		Men	Final 3
104	0700hrs	10000M		Women	Final 4
105	0700hrs	Discus Throw [FOP 2]	1.000kg	Women	Final 5
106	0710hrs	Triple Jump		Men	Final 6
107	0710hrs	High Jump		Women	Final 7
108	0710hrs	Shot Put	7.260kg	Men	Final 8
109	0750hrs	400M		Women	Round 1
110	0810hrs	400M		Men	Round 1
111	0810hrs	Discus Throw [FOP 2]	2.000kg	Men	Final 9
112	0830hrs	800m		Women	Final 10
113	0830hrs	800m		Men	Final 11
114	0930hrs	100M	DECA-1	Men	Final
115	0930hrs	Hammer Throw [FOP 2]	7.260kg	Men	Final 12
116	0930am	Shot Put	4.000kg	Women	Final 13
117	0930hrs	Triple Jump		Women	Final 14
118	0940hrs	High Jump		Men	Final 15
119	0940hrs	100M		Men	Round 1
120	0955hrs	100M		Women	Round 1
121	1015hrs	100m Hurdles Hepta -1	0.838m	Women	Final
122	1020hrs	100m Hurdles	0.838m	Women	Final 16
123	1035hrs	110m Hurdles	1.067m	Men	Final 17
124	1035hrs	Long Jump	DECA-2	Men	Final
125	1040hrs	High Jump	Hepta -2	Women	Final
126	1050hrs	400m		Men	Final 18
127	1100hrs	400m		Women	Final 19
128	1100hrs	Hammer Throw [FOP 2]	4.00kg	Women	Final 20
129	1120hrs	100M		Men	Round 2
130	1130hrs	100M		Women	Round 2
131	1130hrs	Shot Put Hepta-3	4.000kg	Women	Final
132	1145hrs	Pole Vault		Women	Final 21
133	1150hrs	Long Jump		Men	Final 22
134	1210hrs	Shot Put DECA-3	7.260kg	Men	Final

Afternoon Session					
135	1400hrs	Pole Vault		Men	Final 23
136	1400hrs	Javelin Throw	800gm	Men	Final 24
137	1430hrs	3000SC	0.914M	Men	Final 25
138	1500hrs	3000SC	0.762M	Women	Final 26
139	1500hrs	Long Jump		Women	Final 27
140	1530hrs	High Jump	DECA-4	Men	Final
142	1530hrs	Javelin Throw	600gm	Women	Final 28
143	1540hrs	100m		Women	Final 29
145	1550hrs	100m		Men	Final 30
146	1605hrs	1500M		Men	Final 31
147	1620hrs	1500M		Women	Final 32
148	1640hrs	400m	DECA-5	Men	Final
149	1645hrs	200m	Hepta-4	Women	Final
DAY-2					
Forenoon Session					
150	0640hrs	110m Hurdles DECA-6	1.067m	Men	Final
151	0655hrs	5000M		Men	Final 33
152	0700hrs	Long Jump	Hepta-5		Final
153	0720hrs	5000M		Women	Final 34
154	0745hrs	200M		Women	Round 1
155	0800hrs	200M		Men	Round 1
156	0800hrs	Discus Throw [FOP 2] DECA-7	2.00KG	Men	Final
157	0815hrs	Javelin Throw Hepta-6	600gm	Women	Final
158	0830hrs	400m Hurdles	0.914m	Men	Round 1
159	0845hrs	400m Hurdles	0.762m	Women	Round 1
160	0945hrs	400m Hurdles	0.762m	Women	Final 35
161	0955hrs	400m Hurdles	0.914m	Men	Final 36
162	1010hrs	200M		Women	Final 37
163	1015hrs	200M		Men	Final 38
164	1100hrs	Pole Vault	DECA-8	Men	Final
Afternoon Session					
165	1400hrs	Javelin Throw DECA-9	800gm	Men	Final
166	1545hrs	1500M	Dec-10	Men	Final 39
167	1550hrs	800M	Hepta-7	Women	Final 40

BIB No will be distributed 3rd June afternoon onwards at Karnataka Athletics Association Office,
Gate No.3, Sree Kanteerava Stadium

Order of events Subject to alteration.

A Rajavelu
Hon.Secretary
Karnataka Athletics Association